

Booty BOOT CAMP

MON - WEDS - FRI
7:00 - 7:50pm

2x/week for \$75/month
3x/week for \$100/month
Try your first class free!



— TRAINING —

CHICO *Sports* CLUB
HEALTH & FITNESS



This class is all about building strength and tightening the gluteal and abdominal regions. Using a variety of exercises and nonstop action, your buns and abs will soon be your best asset!